

## UHI Perth – Statement of Intent – Period Poverty

Since 2018 UHI Perth has been delivering on the Scottish Government commitment to providing access to free sanitary products for students in schools, colleges and universities. Further supporting equality, dignity and rights for those who menstruate, ensuring products are accessible to all where there is no negative impact on an individual's ability to fully participate in education at all levels.

UHI Perth is part of a newly formed Tay Cities Period Dignity Working Group, comprising of Dundee and Angus College, Dundee City Council and Angus Council. Stronger together, we look forward to a regional 'Tay Cities' approach to eradicating period poverty.

UHI Perth, more recently, is working collaboratively with other UHI partners with regards to the supply of sanitary products.

### **Statement of Intent**

This is UHI Perth's Statement of College-Based Provision, based on dedicated future funding from the Scottish Government.

UHI Perth believe that no students' education should be negatively impacted by period poverty. We will provide products on campus in an inclusive environment, free from embarrassment, judgement or concern. We will work with our partners to develop a regional and sustainable legacy. We will do this through:

- Providing a range of free and fully accessible sanitary products, across all buildings, throughout the year, regularly reviewing our service;
- Working side by side with partners, contributing to the local and regional efforts in eradicating period poverty;
- Create an environment where students are able to initiate or engage in discussions about periods and the menopause, whether they themselves, or someone they are supporting, is experiencing symptoms;
- Create learning opportunities where students can enhance their knowledge and understanding of periods and the menopause;
- Provide support and guidance to staff about the symptoms of periods and the menopause and how they can best support students who may be experiencing issues whilst at college;

### **Consultation and Engagement**

UHI Perth, with input from our Student Engagement Committee, had recently launched a survey to our students. Feedback from this survey will inform us further about usage/uptake on the products we provide, types of products provided and locations where products are accessible. This survey will also ask for ideas on how we can improve this service.