



Team HISA Perth Newsletter: May 2022

HISA
www.hisa.uhi.ac.uk

Highlands and Islands
Students' Association
Comann Oileanaich na
Gàidhealtachd agus nan Eilean

Officer Updates

Perth President

Hey everyone, since our last newsletter I have been up to a number of things. I have been working hard to make sure student interests are represented at various groups and committees.

I have hosted various events such as Library Day, HISA Day and I helped my colleague Rebecca who is your Vice President of Education and Engagement to host our HISA bingo event which was asked for by the students.

I have also been busy planning future events such as our HISA Mental Health day on the 17th of May and our long awaited OBI ceremony where we will recognise the amazing achievements of both staff and students.

Finally I wanted to highlight to you all that we will be handing out free mental health goody bags for Mental Health Week so between Monday the 9th of May to Friday the 13th if you see us walking about with goody bags feel free to come up and ask for one.

Also remember if you ever need help with something or just a chat I am always about if not in person then on email.



Vice President of Education & Engagement



"Hello everyone,
I hope you are all doing well! "

This month I have been busy hosting a series of student bingo sessions! I'm delighted that so many of you have taken part and we've been able to give away some fantastic prizes!

Speaking of prizes, I will be co-hosting our HISA Sports Day on the 23rd of May! Why not come along and see if you can set a new high score? !

Vice President of Activities & Welfare

" Hello everyone,
I hope exams are going well! "

This month I have been busy creating a wellness bingo and accompanying items to make Mental Wellness Packs. These were handed out to students throughout Mental Health Awareness Week. I have also been collaborating with our Regional Mental Health Coordinator Joel on a student friendly mental health guidance document that will be distributed across campus for easy access.

On Tuesday the 17th of May, I will be co-hosting HISA Mental Health Day with your Perth President Todor. There will be multiple stalls, a focus group session, free food and freebies so please encourage your classmates to come along!

In addition to the Mental Health Event, I will be co-hosting HISA Sports Day which will take place on the 23rd of May at the ASW. There will be multiple events to take part in and the opportunity to win some great prizes!

There will even be a student picnic with regular and teddy bear themed boxes for any children of our student parents that want to come along!



OBI Awards 2022

We received 425 nominations in this year's OBI Awards - congratulations to all who received a nomination!

We'll be announcing the shortlist THIS FRIDAY (20th May) and announcing the winners at our awards ceremony on 1st June!



**Want to attend the awards ceremony?
Email us to find out more!**

Perth Partnership Project 2022-2023

MAKE YOUR VOICE HEARD!

Perth Partnership Project

Shape the work we do in 2022/23
Check your student email to find out more!

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***Help shape our work this year by taking part in
this survey.***

***As a thank you for completing, you can win one of
two £25 Amazon vouchers!***

Check your student email to get the link!

Any unwanted goods?

Leave your unwanted
stuff for students to use
next year



Donation Drive

furnishings | stationary |
household supplies | clothing |
small furniture | tools | books |
bags | etc...

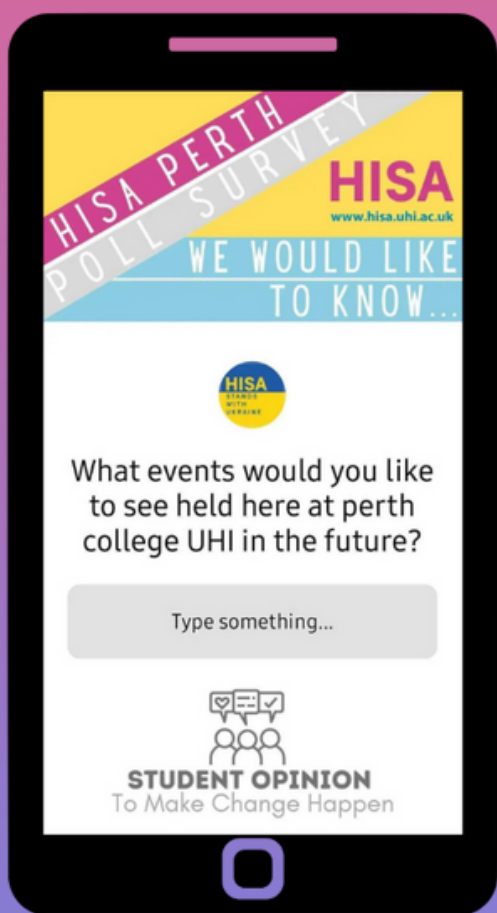
Collecting in
May & June 2022

Collection points

HISA Office - Webster Building

Reception Area - Brahan and Goodlyburn Buidlings

Student Feedback



STUDENT OPINION

TO MAKE CHANGE HAPPEN!

Let us know your thoughts on future events and the student community here at Perth College UHI!

Complete our 7 day live poll on Facebook, Instagram and Twitter

New Questions every 2nd Tuesday starting from 10th May

Take part in our survey to ensure we are running the events you want to see!

Events Calendar:

May 2022



HISA Mental Health Day

Tuesday 17th May

12pm - 3pm

Webster Building

Stalls, Food and Freebies!

Mental Health
Focus Group

Tuesday 17th May

1 - 3pm

Webster Building

What are your thoughts?

We want YOUR views on Mental Health on campus



Tuesday 17th May

Webster 1-3PM

FREE SNACKS AND DRINKS

STUDENT MOVIE NIGHT

FRIDAY 20TH MAY, 3PM-5PM
IN THE WEBSTER BUILDING

FREE DRINKS AND SNACKS!



Movie Night

Friday 20th May

3pm - 5pm

Webster
Building

Free drinks and snacks!

HISA Sports Day & Students Picnic

Monday 23rd May

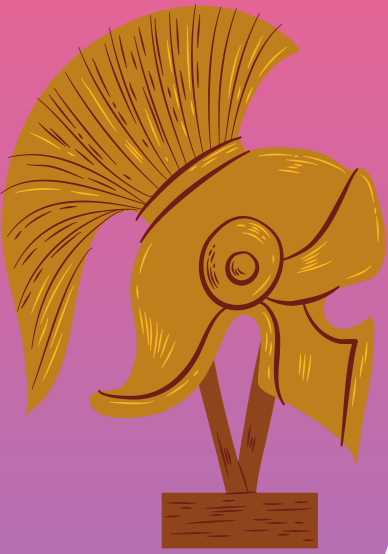
10am - 3pm
(12-2pm for Picnic)

Academy of Sports
& Wellbeing

*Children's Teddy Bear
Picnics available!*



Clubs & Socs



Perth Campus

Perth Blizzard (Basketball)



African Caribbean Society

Archaeology & History Society

Men's Football



Volleyball



Regional

UHI Gaming Society

UHI Literature Society

UHI Snow Sports Club

UHI Labour Society

UHI Dance Society



Future Clubs/Socs

The following list are expressions of interest by students who are looking for others to join them in creating a club/society!



***Woman's
Football***

Politics



Badminton



Netball



**If you are interested in joining any of our existing or future clubs/socs or starting your own please email
HISA.Perth.VPAW@uhi.ac.uk**